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TRANSFERABLE SKILLS OF PARA BADMINTON PLAYER AND LEADER, NELLIE LEVA, ASSISTS QUALIFICATION FOR JAVELIN IN TOKYO

Active Lives

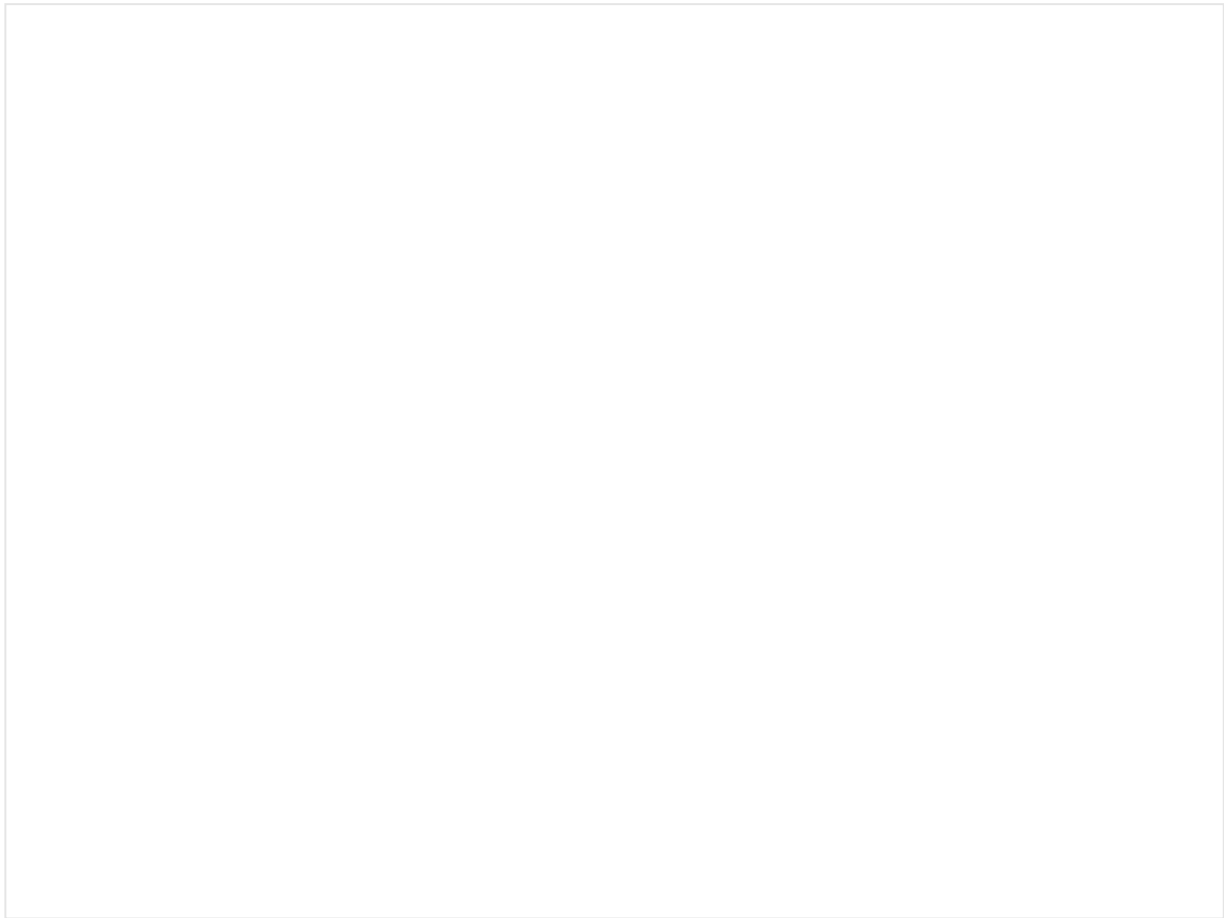
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Tom Leonard

Nellie Ruth Leva is an inspirational leader and athlete in Papua New Guinea's sporting circles. Her sporting prowess highlights the benefits of and transferrable skills between different disciplines and sporting codes. In Nellie's case, she is a left arm amputee and classifies as an SU5 para

badminton player, bringing particular attention to the importance of the rotating trunk and left shoulder to assist the overhead technique which is relevant to both badminton and javelin.



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