

# **WOMEN IN SPORT HIGH- PERFORMANC E PATHWAY PROGRAMME (WISH)**

Theme: High Performance Sport & Athlete Health

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The Women in Sport High-Performance Pathway Programme (WISH) was created to support the IOC Gender Equality objective 15, which aims to increase the representation of women coaches at World Championships and the Olympic Games, where women constitute up to only 13% of coaches. The

Impact Report and Future Delivery Framework explores the background to the programme, its key components, impact and why WISH works.

## Brighton Plus Helsinki Declaration Principles:

- High Performance Sport
- Leadership in Sport
- Education, training and development
- Domestic and international co-operation

## Target Audience

- International Federations of Sport
- National Olympic Committees
- National Federations of Sport
- Coaches

## Background

To date, 125 women coaches from 22 sports and 60 countries have taken part, nominated by their International Federations for their potential in top-level coaching.

The 2024 Impact Report & Delivery Framework provides the background to the programme development, stories and testimonies of the women coaches who have taken part in the programme, programme impact and analysis of why WISH

works.

#### Overview:

- 21 months leadership programme
- Self-assessment and 360-degree feedback on leadership and sport-specific competencies
- 5 days residential sessions in the United Kingdom
- 8 online leadership sessions
- 8 leadership mentor sessions
- 4 sport-specific mentor sessions

#### Key Objectives:

- Confidence
- Leadership
- Skills

Read: [The WISH 2024 Impact Report & Future Delivery Framework](#)

Related Links: [University of Hertfordshire WISH Programme](#)