

Aim:

To enhance understanding and development of the interpersonal and intrapersonal skills of coaches that will contribute to positive and effective coach-athlete relationships and enhance the ability to accelerate coaches' learning to impact in the high-performance domain.

— GA NextGEN 2020-2022



The NextGEN Program is targeted at Tier 2 Coaches within the National Performance Coach Framework

2 Pathway Coaches

Tier 2 Coaches are working with athletes who are training and competing in the high-performance pathway. Coaches are actively engaged in working with 2022-2024 and 2024-2028 athletes or developing coaches.



Learning outcomes

Funding and program partners



'Developing personal and performance excellence through lifelong learning'



Working with
2022-2024 Athletes

Working with
2024-2028 Athletes



Coaching longer than 10 years



10 Women Coaches



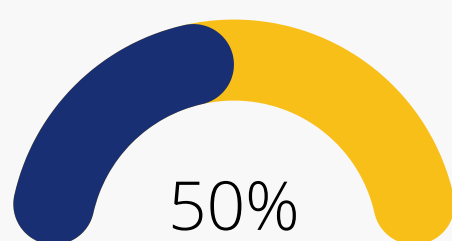
Tertiary Education

Our NextGEN cohort

10 Coaches



The NextGEN Program is an integrated, blended learning design involving collaboration with the Tertiary sector, the AIS, GA and female leaders



We have completed 50% of the University of Queensland Graduate Certificate Program: 4 Quality Coaching Modules

13

Virtual Sessions in 2020

16

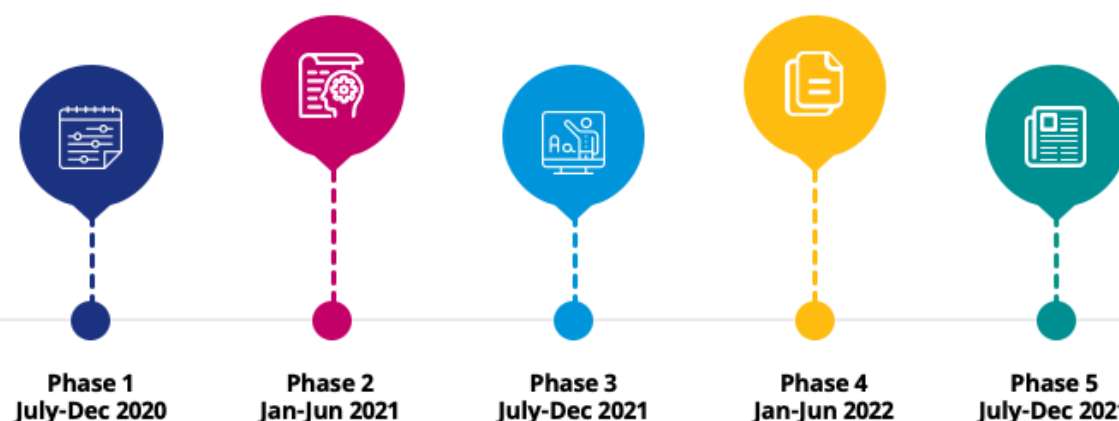
Virtual Sessions in 2021*

14

Guest Presenters

These sessions involve group collaboration and workshops, formal learning, mentoring sessions, peer action planning, personal coach profile and development

*5 more to come in 2021



NextGEN Program Timelines 2020-2022

'Developing personal and performance excellence through lifelong learning'

Coach Profile & Evaluation



- Enhance Personal Reflection
- Assist Decision Making
- Reassure current knowledge
- Assist to focus on Strengths



Rating the Learning activities



4.7

Highest Value - NextGEN group collaboration



4.5

Highest Value - Female Leaders / Mentor discussions



4.1

Highest Value - UQ CPD Quality Coaching Program

What has this program meant to you?

5 TOP THEMES

Connection
Support
Learning
Strength
Confidence

What has been the impact on coaching?

2 TOP THEMES

Confidence
Self Awareness

KEY QUOTES:

- "More confidence in my ability as a coach. More comfortable in sharing ideas and experiences with others. Refining and implementing reflective practices."
- "Improved self-awareness ... it has allowed me to change behaviours when coaching and help the kids improve their self awareness as well"
- "I had to make the time to reflect on my personal development which is something I didn't really make time for."
- "I'm researching more and finding new ways to coach skills I have coached for a long time, I have resources that I didn't have. "
- "Confidence in difficult conversations. Practiced listener. Building knowledge."
- 'I'm looking forward to more technical learning. This is still an area where I know I have a lot to learn and struggle to find a space in which I can develop it (fingers crossed for camps soon!).'

'I've re-evaluated how important it is to prioritise club culture and make it a conversation that more people are involved in.'